

Read

First—**read** the instructions carefully. And then re-read to check you've not missed something.

Reflect

Next—**reflect** on what you already know. Check any notes you've made before.

Reach out

Then—**reach out** to others. Friends and classmates are working on the same things—can they help? Can you work it out together? Or could a website like Bitesize help?

Request help

Finally—email a teacher to **request help**.

And **remember**—there are often 700 students working on the same subject at the same time, plus some teachers have their own children at home who need their help too. They may take up to 48 hours to reply, so while you wait, move onto the next task, or if you really can't get any further, start a new subject.