



WEEKLY BULLETIN | Friday 2nd February

The Week Ahead

Weekly Menu	Please CLICK HERE to see our current Menu
Extra-Curricular Clubs	Please CLICK HERE to see our current programme
Sports Clubs and Fixtures	Please CLICK HERE to see our current programme
Vacancies	Please CLICK HERE to see a list of our current Vacancies

Key Dates

Saturday 3rd - Saturday 17th February	Joint Exchange – Peruvian pupils in Cam VC and Com VC
Thursday 8th February	Trust Recruitment Roadshow (3pm-7pm) in the school library
Monday 12th - Friday 16th February	Year 11 Mocks
Friday 16th February	Year 10 Full Reports Out
Monday 19th - Friday 23rd February	HALF TERM
Monday 26th February	All pupils return to school.
Thursday 29th February	Year 8 Parents Consultation (periods 3-6 taught). All pupils leave at 1:30pm

ATTENDANCE MATTERS

6 days or less
absence per year
97% or above
VERY GOOD
THIS IS YOUR
TARGET

Between
7 and 19 days
absence per year
90% - 96%
BELOW
EXPECTATIONS

More
than 19 days
absence per year
Under 90%
POOR
ATTENDANCE

Reporting your Child's Absence from School:

If your child is unwell and unable to attend school you have a legal requirement to inform the school **on each day of absence**. If you are reporting your child's absence from school today, please can you email cam-absence@cambournevc.org by **8:30am every day of the absence** and leave a message clearly stating the reason for absence and the child's full name and tutor group. If you fail to inform the school, we are legally required to make contact with you, to ensure the child's safety. Even if they have been absent on the previous day we cannot assume they are still at home poorly.

Appointments:

If your child misses registration for a medical or dental appointment, this is counted as an authorised absence. Please give advance notice, ideally 2 school days, by cam-absence@cambournevc.org with the dates and times the pupil is expected to be out of school and preferably with a copy of the appointment card/notification so that the absence can be authorised. As much as possible, pupils should be in school prior to/ after the appointment and out of school for as little time as possible.

Prior notification ensures the Year team and Reception staff are aware of your child arriving late / leaving early and the necessary arrangements can be put in place. If your child needs to leave early for an appointment, they should inform their teacher that they need to be excused early and make their own way down to Reception. The Reception staff will try to help locate children for appointments, but we do not always have someone available to do a collection from lessons.

Planned Absence Request:

If you plan to take your child out of school for any other reason, a **Planned Absence Request Form** must be completed and returned to the school **10 days prior** to the absence for authorisation. Please email any completed forms to cam-absence@cambournevc.org or hand into our reception. The form can be found on our [website](#), or is available from our reception.

Please note that due to Changes to Section 444 of The Education Act 1996 brought into effect in September 2013, the Principal cannot authorise any term time leave unless there are **exceptional circumstances**.

All pupils leaving early for appointments need to be collected by a parent to sign them out through our main Reception.



CAMBOURNE SIXTH FORM

2024 ENTRY

www.cambournesixthform.org

Guidance Meetings for 2024 Sixth Form admissions

We're delighted with the high number of strong applicants for the first cohort of Cambourne Sixth Form.

Students in Year 11 have now received communication about the status of their applications, with guidance meetings taking place in the week beginning 26th February.

The letters that students have received let them know how to book a guidance meeting.

Parents with questions and late applicants are welcome to contact Ms Rose, Sixth Form Coordinator (info@cambournesixthform.org).

February 5th - 13th marks Childrens Mental Health Week

Parents and carers have a vital role to play in supporting the mental health needs of children and young people. As a result of our work in schools, we can also support parents and carers through a range of services organised in partnership with organisations that work directly with these groups. These include Webinars, training courses, and direct personalised support. Please have a look at their webpage if you are interested in the kind of support they can offer you.

[YMCA mental-health-services/mental-health-support-for-parents-and-carers](https://www.ymca.org.uk/mental-health-services/mental-health-support-for-parents-and-carers)

Please email Elisa Kenton-Howells at CAM-Wellbeing CAM-Wellbeing@cambournevc.org if you have any questions.

SORA, the school's reading app, offers a range of books and magazine titles students can read anywhere.

We have recently updated the way pupils access SORA, making it easier to sign in using the school account.

If pupils have problems accessing SORA – come to the library for help.

Pupils can now access Cambridgeshire County Council's e-books, via SORA – follow the poster for even more age-appropriate choices. Users must have a valid Cambridgeshire County Council library card to access resources – see their website for more information:

<https://www.cambridgeshire.gov.uk/residents/libraries-leisure-culture/libraries>



We are actively looking to recruit new staff for a number of teaching and support staff roles across the Trust. Why not come along, meet our teams, and explore the available opportunities in our schools.

Visit us at CamVC on Thursday 8 February 3pm – 7pm



RECRUITMENT ROADSHOW

Thursday 18 January to Thursday 29 February 2024

Are you thinking about a new career in education?

If so, then look no further. We are actively looking to recruit new staff for a number of teaching and support staff roles across the Trust. Why not come along, meet our teams, and explore the available opportunities in our schools.

Our recruitment roadshow will take place at the following venues:

St Peter's Huntingdon, PE29 7DD

Thursday 18 January 2024 4pm – 7pm

Gamlingay Village Primary, SG19 3HD

Thursday 25 January 2024 3pm – 6pm

Cambourne Village College, CB23 6FR

Thursday 8 February 2024 3pm – 7pm

Melbourn Village College, SG8 6EF

Tuesday 13 February 4pm – 6pm

Thongsley Fields Primary School

Thursday 29 February 2024 4pm – 7pm



Please register your interest using the QR code below

For information about our current vacancies please navigate to:
www.camtrust.co.uk



Beauty and the Beast: *A young prince is cast under a spell, a spell that can only be broken through true love. When Belle arrives at the castle, the household hope that finally the spell might be broken, but how could such a beauty ever fall in love with a beast?*

CamVC Productions brings this tale as old as time to the stage in their 2024 whole school musical, Disney's Beauty and the Beast.

7pm (start), 6:40pm (doors open)

Wednesday 6th March – Saturday 9th March

Tickets*:

Wednesday / Thursday - £8 (full price) £6 (concessions)

Friday / Saturday - £10 (full price) £8 (concessions)

* additional booking fee applies

<https://www.wegottickets.com/CamAcademyTrust>

(The Coates Theatre, Cambourne Village College, Sheepfold Lane, CB23 6FR).



CamVC Productions...

7pm, Wednesday 6th—Saturday 9th March
2024 in The Coates Theatre

Tickets:

Weds / Thurs — £8 / £6

Fri / Sat — £10 / £8

Book online...



Disney
BEAUTY AND THE BEAST



LOST PROPERTY

Items that have
been handed
into reception
this week -
29th January -
2nd February
2024



Any items not collected within 4
weeks will be donated to charity.



Cambridgeshire Peterborough Children's Health: A Platform for Families



Introducing www.cambspborochildrenshealth.nhs.uk the new online NHS resource for parents and carers. Designed with local families, 0-19 Healthy Child Programme and other NHS children's services to be a go-to-resource for children and young people's health advice.

The platform focuses on:

Easy access to health information – with a family focused design, information is quick to access and easy to use on a phone, tablet or laptop. Accessibility has been prioritised to ensure information can be translated, downloaded and adapted to suit a family's reading needs.

Being a local resource connected with local services - seamless linking to local resources such as 'Keep Your Head', Cambridgeshire and Peterborough SEND Hubs and partner NHS services. There are also dedicated service pages where professionals can find the most up to date contact details, referral forms and guidance.

Evidence based topics for our families' diverse needs - offering a mixture of general and specialist NHS advice for families with children and young people. Covering many topics including:

- Behaviour, emotions and mental health
- Child development and growing up
- Common illnesses
- Feeding and eating
- Moving and being active
- Peeing, pooing and toileting
- Sleep
- Speech, language and communication
- Staying safe and accident prevention

There is also specialist information on topics such as sensory differences, physical skills development, communication skills, physical and mental health and more.





Healthy Schools Cambridgeshire and Peterborough

NSPCC

Kids
safety
net

NSPCC Kids Safety Net Online Workshops For Parents/Carers

FREE Online Workshops for Parents and Carers:

The parent and carer online safety workshops are delivered by the NSPCC and are taking place on the **Monday 5th February** and **Wednesday 20th March**.

The 45 minute workshops are FREE and can be accessed by Zoom.

These are designed to help parents and carers to:

- Understand how children and young people access the online world
- Explore a range of resources and tools that can be used to help keep children and young people safe online
- Have informed, constructive and positive conversations about online safety.

Monday 5th February 2024 – 6pm to 7pm.

[Kids Safety Net Workshop Tickets, Mon, Feb 5, 2024, at 6:00 PM | Eventbrite](#)

Wednesday 20th March 2024 – 6pm to 7pm

[Kids Safety Net Workshop Tickets, Wed, Mar 20, 2024, at 6:00 PM | Eventbrite](#)

Further details about the Kids Safety Net Campaign across Cambridgeshire and Peterborough can be found here: <https://healthyschoolscp.org.uk/keeping-safe/nspcc-kids-safety-net-campaign-2023/>



Thinking about becoming a Teacher?

Come talk to us on
Tuesday 13th February
6-7pm



Book the online event via EventBrite

<https://www.eventbrite.com/e/ctsn-scitts-february-train-to-teach-information-event-tickets-814087516677>

CTSN SCITT

Train to Teach Information Event

Made with PosterMyWall.com

Contact: scitt@catrust.co.uk

PE Department Extra-curricular Clubs – January 2024

MONDAY 3-4pm

Hockey - Astro (KB)
Girls' football – Astro (LM)
Table tennis – Dining hall (KR)
Volleyball – Gym (HT)
KS4 basketball – Sports hall (JF)

TUESDAY 3-4pm

KS3 basketball – Sports hall (JF)
Dodgeball – Gym (LM)
Football training – Astro (LY)

WEDNESDAY 3-4pm

FIXTURES

BTEC Catch up – IT04 (BTEC staff)
GCSE revision – Classroom (KB)
Wellbeing Wednesday – PE (sports leaders)
Netball – Hard courts (HT)

THURSDAY 3-4pm

Sports Leaders Opportunities – Check the Sports Leaders Board
Girls active – Gym (sports leaders)
Badminton (Sports Hall) (All)

Boys – meet at the back doors to the **orange** changing rooms

Girls – meet at the back doors to the **green** changing rooms



Music Clubs

All our music clubs are up and running – so if your child plays an instrument, or enjoys singing, then please encourage them to come along.

The following clubs will be running this term.

- Monday 3 – 4pm: CamVC Band – All instrumentalists welcome (Years 7 – 11)
- Tuesday 3- 4pm: Junior Singers (Years 7 – 9) – Christmas mini-production *tba*
- Tuesday 3 – 4pm: Rock Bands (Years 9 – 11)
- Thursday 3 – 5pm: School Production (Years 7 – 11)
- Friday 3 – 4pm: Senior Choir (Years 9 – 11)

Pupils are very welcome to come along and try any club they are interested in joining.

Instrumental & Singing Lessons

These will be starting next week, and everyone signed up for lessons will receive an email confirming the day and time of their first lesson.

If your child is interested in doing Instrumental or Singing lessons, there are still many places available. You can sign them up for lessons using the online form, found here:

[Instrument lessons - Cambourne Village College \(cambournevc.org\)](http://cambournevc.org)

Headphones for KS3 Music lessons (all pupils)

As part of the Years 7, 8 and 9 weekly music lessons, they will be continuing to develop their keyboard skills.

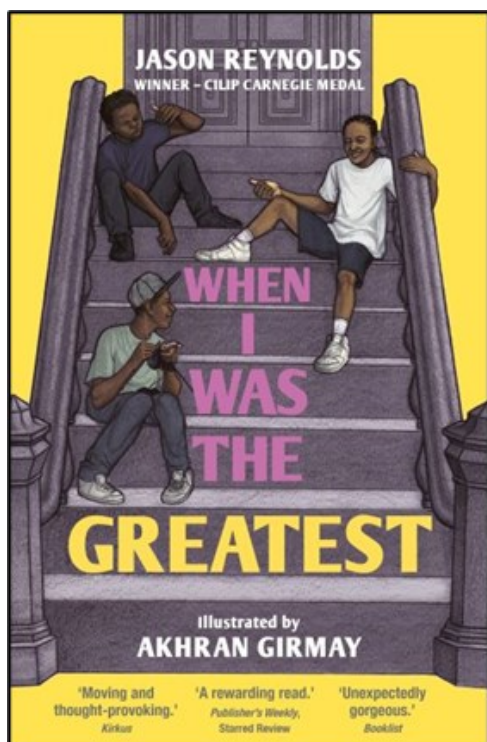
To enable pupils to do this with a minimum of distraction we ask all pupils to bring with them to lessons a pair of headphones or earphones that they can use with the keyboards.

We have reminded pupils of this expectation this week in lessons.

These headphones / earphones can be bought for as little £2-£3 from local shops like Morrisons, Home Bargains, or online from places like Amazon. We do not expect (and would strongly discourage) pupils from bringing expensive or bulky headphones with them.

We would expect that it might take pupils between 1 – 2 weeks to source some earphones / headphones, but after that it would be useful if they were ready to use them in lessons. If for any reason it is not possible for your child to bring some earphones to the lesson, please email (or ask them to email) their class teacher. In cases of financial constraints we will be able to provide headphones for pupils to borrow, if arranged in advance.

BOOK RECOMMENDATIONS



When I was the greatest

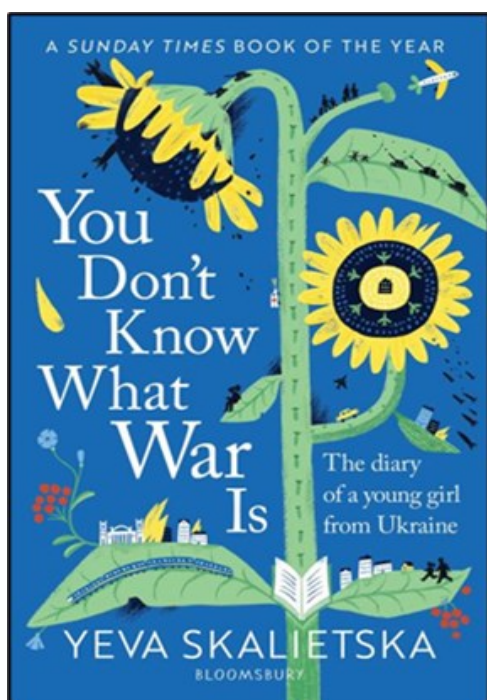
By Jason Reynolds

A lot of the stuff that gives my neighbourhood a bad name, I don't really mess with. The guns and drugs and all that, not really my thing.

Ali's got enough going on, between school and boxing and helping out at home. His best friend Noodles, though. Now there's a dude looking for trouble - and, somehow, it's always Ali around to pick up the pieces. But, a guy's gotta look out for his boys, right? Besides, it's all small potatoes; it's not like anyone's getting hurt. Then there's Needles. Needles is Noodles's brother. He's got a syndrome, and gets these ticks and blurts out the wildest, craziest things. It's cool, though: everyone on their street knows he doesn't mean anything by it.

Yeah, it's cool, until Ali and Noodles and Needles find themselves somewhere they never expected to be. Somewhere they never should've been - where the people aren't so friendly, and even less forgiving.

(Available from the School Library year 9+ and on SORA-through Cambridgeshire County Council)



You don't know what war is

By Yeva Skalietska

Everyone knows the word "war". But very few understand what it truly means...when you find you have to face it, you feel totally lost, walled in by fright and despair. All of your plans are suddenly interrupted...Until you've been there, you don't know what war is.

This is the gripping, urgent and moving diary of young Ukrainian refugee Yeva Skalietska. She was woken in the early hours to the terrifying sounds of shelling. Russia had invaded Ukraine, and her beloved Kharkiv home was no longer the safe haven it should have been. It was while she and her Granny were forced to seek shelter in a damp, cramped basement that Yeva decided to write down her story, and it is a story that the world needs to hear.

Yeva records what is happening hour-by-hour as she seeks safety, follows her friends' updates on social media and travels from Kharkiv to Dublin.

(Available from the School Library and on SORA)

ARTICLES

Students have access to a Teams channel of articles that school staff have chosen as being particularly interesting.

If your child is looking for something to read, there is a continually-updated selection – they'll fit nicely into the reading time each day, and offer something current to learn more about.

Find it here: [Recommended Articles](#)

YMCA Trinity Group Webinar: “How to respond when your child/teen says no.”.

Wednesday 7th February 2024 at 7pm.

Please join us on the 7th of February 2024 at 7pm in attending this free webinar for all professionals and parents. Register your place using the link below. If you have any questions get in touch by emailing us at mentalhealthtraining@ymcatrinity.org.uk

February 7th, 2024

Webinar: 19:00 – 20:00

Q & A – 20:00 – 20:30

Register in advance for this webinar: https://us06web.zoom.us/webinar/register/WN_7txpG6z9QseZCKSVz2BlrQ



YMCA



Healthy You

Healthy You Virtual Festival January 2024

Living Sport are inviting you to join them for a fabulous, fun-filled month-long programme of FREE classes, workshops, talks and events focusing on physical activity, mental wellbeing and healthy eating. Whatever your age or activity level, you will be able to find something to try.

They hope by taking part in this event, they will inspire you to carry forward some healthier habits into the new year and beyond. Why not try something for the first time...

Here's a selection of what's on offer: Pilates, Ballet, Family Dance, T'ai Chi; Healthy Eating workshops; Wellbeing during Menopause; Strength & Balance classes; Fitness for Schools; Goal Setting; Motivational support; Podcasts, and so much more!

You can access over 40 videos and take part in 80 live sessions throughout the month and it's all totally FREE! View the full programme and start booking onto the live sessions <https://livingsport.co.uk/healthy-you-virtual-festival-2024/>



What Parents & Carers Need to Know about PERSUASIVE DESIGN ONLINE

WHAT ARE THE RISKS?

POTENTIAL ADDICTION

In the digital world, persuasive design can make certain activities more addictive and harder to walk away from: some people may begin to feel anxious or irritated without access to their device or their favourite app, for example. It can also often leave users feeling isolated, as – if they spend most of their time on social media – they may start to find it difficult to talk to other people in real life.

MENTAL HEALTH CONCERNS

Scrolling online or gaming without regular breaks is proven to be harmful to our mental health. The constant bombardment of news stories (many of them negative), images and influencers' posts can create sensations of unease, uncertainty and FOMO (fear of missing out). Young people can get so immersed in this environment that they become less likely to spot misleading posts.

PROLONGED SCROLLING

Social media can draw any of us – regardless of age – into a continuous pattern of refreshing our screen, following posts and links down rabbit holes or reading countless comments made by others. This aimless scrolling can eat up time which could have been spent on more productive activities. It could also lead younger users into areas of the online world which aren't age appropriate.

'Persuasive design' refers to the techniques that companies employ to influence our thoughts and behaviours when we're on the internet. These approaches can be spotted on websites, in apps and even as part of some video games. Persuasive design means that this content has been deliberately presented in a way that's intended to encourage you to spend your time or money (or both). These methods often prove highly effective at keeping people engaged and invested for longer than we might expect.

SENSORY OVERLOAD

Repetitively scrolling, clicking on links or playing games can create an unending stream of new information and visual stimuli. Put it this way: social media isn't exactly renowned as a carefree, chilled-out environment. Such overstimulation can become too much for young people to handle, resulting in sensory overload and causing them to feel stressed, overwhelmed and exhausted.

COSTLY ADDITIONS

Video games sometimes display offers for downloadable content or loot boxes which can be bought with real money. While these 'microtransactions' temptingly promise to improve a player's gaming experience, most of the time they are money sinks. Young people in particular, excited by the chance of enhancing their game, could spend quite a sizeable sum very quickly indeed.

PHYSICAL CONSEQUENCES

Hours spent sitting and scrolling means far less time moving around and getting exercise: hardly ideal for a young person's physical health. Additionally, prolonged exposure to the light given off by a phone's screen can lead to eye fatigue and discomfort, especially if viewing it in the dark. Extended phone use before bed can also impact on sleep quality, affecting mood and energy levels over the following days.

KEEP SCROLLING

WIN TO WIN

27 new posts

Advice for Parents & Carers

ESTABLISH LIMITS

Talk to your child about setting some time limits on how long they can use their phone, tablet or console in the evenings or at weekends – or perhaps how often they can go on a specific app, game or website. You could also decide to involve the whole family in creating this shared screen time agreement, making things fair (and healthier) for everyone.

NIX NOTIFICATIONS

Stop knee-jerk responses at the source by turning off push notifications and alerts. Whether it's a gaming notification or a social media update, these not-so-gentle reminders are designed to catch our attention and lure us back to our device. Switching them off – or even deleting any particularly intrusive apps – can help prevent your child from being reeled back into the online world.

ENCOURAGE MINDFULNESS

Acknowledging any addiction is key in overcoming it – and compulsive scrolling is no different. If anything mentioned in this guide sounds familiar, it could help to have an honest, open chat with your child about how much time they spend online. Get them to think about how often they scroll through social media aimlessly or habitually open it up whenever they have a spare moment.

MAKE A CHECKLIST

Considering a list of relevant questions can be an effective way of helping children figure out why they're scrolling on certain sites or consuming particular pieces of content. A checklist can prompt young people to ask themselves if they're learning anything or benefiting from this activity – or if they're wasting their time. Taking a step back can sometimes help us to see things more clearly.

Meet Our Expert

Rebecca Jennings has more than 20 years' experience in the field of relationships, sex and health education (RSHE). As well as delivering workshops and training for young people, parents and schools, she is also a subject matter expert on RSHE for the Department of Education.



The National College

NOS National Online Safety®
#WakeUpWednesday

The Cambourne VC Charitable Trust would like to hear from you if you would like to see a cinema in Cambourne! Click on the poster below and take a few minutes to fill out the survey, to show your support and to give your views on the type of film you'd like to see.

Also visit <https://cambournetowncouncil.gov.uk/communitycinema/> for more information.



Cinema Questionnaire

Have your say!

We are most interested to hear from Cambourne residents and those of the surrounding villages, the types of films they may wish to see at the community cinema.

You are cordially invited to participate in the survey by completing the questionnaire online at:

www.surveymonkey.co.uk/r/57W7PKV or scanning the QR code above.

Email: cambournecommunitycinema@gmail.com

www.cambournetowncouncil.gov.uk/communitycinema



Routes into STEM Virtual Experience

2023/24

Routes into STEM virtual experience provides an exciting opportunity to explore the various routes you can take towards your STEM career. This course is designed to enable young people to work through activities and projects at their own pace, tour a variety of institutions virtually and also have access to live career sessions and mentor panels with STEM employers.

Who is it for?



- Students in **Year 9 or 10 / S3 or S4 / equivalent** who are interested in exploring a career in STEM (Science, Technology, Engineering and Maths)
- All you need is an interest in STEM and curiosity about the future. The course is open to all academic abilities

What's involved?

- Approximately 20 hours of study virtually at a pace that suits you
- Exploring different Routes into a STEM career including College Courses, University Courses, and Apprenticeships and learning from industry what is involved in a STEM career as well as enhancing your skills
- Live interactive sessions over the half-term breaks, school holidays and after school, allowing you to listen and ask questions to STEM students and professionals
- Getting to work on a project set by a STEM company to look further at a career area that interests you

What do you get out of it?

- Find out about different Routes into a STEM career from industry experts, college and university leaders, as well as young people who are currently on that path
- Engage in projects and activities that will enhance your problem-solving, critical thinking, creativity and innovation skills and inspire you to find career motivation. Projects include a Biopharm challenge from GSK, a Design challenge from Balfour Beatty, an RSC Chemistry challenge and many more exciting challenges in all areas of STEM.
- Create your own personalised action plan to see your own Route into STEM
- Learn about your career skills and how you could write about this in your CV/ Personal Statement or Application form
- Receive an Industrial Cadets Bronze Award showing all that you have achieved on the course



www.etrust.org.uk

When is it?

This experience runs from 2 October 2023 until 2 August 2024 **with live sessions running throughout the duration, over the half-term breaks, school holidays and after school**

Cost

£75

If cost is a barrier, fully funded places are available, please indicate your interest on the application form



How to apply?

To apply, please visit our website [here](#) or **scan the QR code!**



What previous students have said

"This experience has shown me just how varied STEM is. I know that I can have a career that suits me, no matter my academic merit or personal qualities. I've also heard a lot from people who study and work in STEM, and it has been inspiring and encouraging to hear about their positive experiences and ambitions for the future. Industrial Cadets has also taught me key skills such as problem-solving and communication, which I am eager to apply to my future education and career."

"I've always loved STEM things but I always worried about not being able to make it, but now getting a STEM career seems more achievable."

"Before, I was fixed on a regular plan to go into 6th form, go to you university, and move forward without looking for any non-linear pathway. Routes into STEM has shown me that many of those who end up in STEM careers have not pursued that linear pathway, and this has made me more open to options such as apprenticeships, which I had never considered previously"

94%

of students felt confident about making future career choices following their course

99%

of students felt they know more about the STEM careers opportunities available to them



www.etrust.org.uk



Cambridgeshire
County Council

Positively parent your teen. 4-week online workshop.

Facilitated by
Samantha Stacey and
Clare Merrington
Education Inclusion Family Advisors

Education Inclusion Family Advisors offer you an opportunity to ask for information, advice and support on any issue affecting your family life in a relaxed and confidential environment.

Session 1 Communication and parenting styles

Session 2 How do we identify what our children need and challenging behaviour.

Session 3 Active Listening and increasing self-esteem.

Session 4 Labelling and encouragement.

Tuesday 6th February 7-8pm

Tuesday 13th February 7-8pm

Tuesday 27th February 7-8pm

Tuesday 5th March 7-8pm

Please scan link below to book a place. Booking is essential and places are limited.



For more information speak to your school office or contact me directly on:

 samantha.stacey@cambridgeshire.gov.uk



YOUTH ROWING COURSE

FEB '24
19TH-23RD

APR '24
2ND-4TH

14-18YR OLDS
LEARN TO ROW

MAY '24
27TH-31ST

JUL '24
27TH-31ST

JUL-AUG '24
29TH JUL- 2ND AUG



NO PREVIOUS ROWING REQUIRED

An exciting opportunity to learn the most iconic sport in Cambridge - in the most fun way possible!

- 5 day course from £150pp (+ booking fee)
- Learn and perfect the full rowing technique
- Proven to aid college and university applications
- Learn to row in an 'eight' boat - same as the Cambridge-Oxford Boat Race
- Work together as a team

****Limited spaces available - Book now****

- ✓ Safest boat in the fleet
- ✓ Led by a club captain
- ✓ includes land and water training
- ✓ Row on the iconic River Cam

✉ info@cambridgerowing.com

🌐 www.cambridgerowing.com/youth-course

☎ +44 (0)1223 665000

Suitable for
swimmers aged
2.5years+ of all
swimming
abilities

LEARN TO SWIM

WITH LA ACADEMY
@ THE CAMBRIDGE
BELFRY

EXCLUSIVE OFFER JUST FOR YOU
10% OFF YOUR UPFRONT COST JUST
QUOTE LAASWIM10 AND THE NAME OF
YOUR SCHOOL

WHAT WE OFFER:

- Private 1:1 classes
- Semi private 2:1 classes
- Fast progression
- Tailored award scheme
- Revolutionary teaching method
- Parent Portal

**REGISTER
ONLINE**
SPACE IS LIMITED



FOR MORE

INFO: cambourne@laacademy.co.uk | 01223 650 348

Online Safety Tips

KEEPING YOUR CHILD SAFE ONLINE

Please see below some links to helpful ideas and materials around keeping children safe online:

<https://www.net-aware.org.uk/>

<https://www.thinkuknow.co.uk/>

<https://oursaferschools.co.uk/home-learning-hub/>



COMBINED MINDS APP

Combined Minds is an app for parents and carers developed for teenage mental health charity Stem4 by Clinical Psychologists. The app aims to help families and friends support young people with their mental health.

Combined Minds use a 'strength based approach' which focuses on the positive attributes of the person and builds on resourcefulness and resilience. The app helps families to find ways to provide the right environment to help individuals they support affect their own change.

The app includes providing further information on certain needs such as anxiety and digital addiction as well as offering ways of accessing further help and useful suggestions of 'things you can do in the moment' to help support the young person.

More information can be found through the Combined Minds website at <https://combinedminds.co.uk/>



TEAMS | ONENOTE

Microsoft Teams, Teams assignments, and OneNote are becoming increasingly more central to the way we are providing and receiving work. Below are some resources to help you support your children with these services.

Click here for a guide to handing in Teams Assignments:

https://catrustorg.sharepoint.com/:b:/s/CambourneVCPublic/EckeB-WkJX1NoaAciPBjAScBG_cU4zuSmd0A0WEUDyO-Fw?e=OqjANx

[Click here](#) for a YouTube playlist with short tutorial videos

(if you prefer, your child can access the same videos through their school account [here](#))



If your child has **lost an item of uniform**, please ask them to check with their **Year team office** in the first instance, or please email thecollege@cambournevc.org so that we can arrange for your child to check our unnamed items.

If your child needs a coat/jacket and would like to look through our unnamed items to find something suitable for them, please ask them to go to their Year team office or email the College.

LOST
PROPERTY

SecondHandUniform

We have a number of good quality second hand uniforms available for purchase at a discounted rate. Please complete the form: [Second-Hand Uniform Request](#) and enter details of uniform items needed.

Our Reception is open every weeknight evening in term time between 6pm and 8pm so there is an opportunity to organise a visit to the school to 'see before you buy' at hours to suit you. Please email our evening receptionist **Nikki Johnston** to organise a time slot:

NJohnston@cambournevc.org



Families who find it difficult to afford school uniform at any time should contact their Year team (details below), in complete confidence, so that a way forward can be found.

Year 7 - Abby Sterling-Clarke cam-year7@cambournevc.org

Year 8 - Sam Tomlinson cam-year8@cambournevc.org

Year 9 - Lorraine Lye cam-year9@cambournevc.org

Year 10 - Lou Boyd cam-year10@cambournevc.org

Year 11 - Mel Stanford cam-year11@cambournevc.org

Our up-to-date uniform policy and suppliers can be found on the [school website](#).

New Mental Health Text Line

A new local mental health free text messaging support service has launched across Cambridgeshire and Peterborough. **HEAR 85258** is being funded by NHS Cambridgeshire & Peterborough, in partnership with the national service SHOUT.

The free to use text service provides real-time support to people who are struggling with their mental health across the county.

When texting the word HEAR to 85258, the person will be connected to a trained volunteer who will offer them calm in a time or place of crisis. During the confidential and anonymous conversation, the texter will be supported while working on a plan of action and signposted to local and national mental health services.

Texting HEAR to 85258 is free, discreet and runs 24/7. It won't appear on a mobile bill and requires no app, data, password, or registration. It is available for anyone who lives, works or studies in Cambridgeshire and Peterborough.

For more information about what mental health services are available in Cambridgeshire and Peterborough, visit www.keep-your-head.com

If you feel your or somebody's life is at risk due to their mental health, dial 111 and listen for the option for the mental health crisis team.



Safeguarding

At Cambourne Village College we work hard to make sure that we build up positive relationships with the pupils in our care and we hope that we can support families in safeguarding your children.

What is safeguarding?

- Protecting children
- Preventing harm to a child

This includes a variety of different aspects. We are here to help your child make good choices but also support them if they make a mistake.

We work with individual students, their families and external agencies.

What do we do at CamVC to safeguard your child?

- **Staff are vigilant** – staff are very good at noticing small changes and listening to the concerns of those in our care. Tutors are well placed in this process, however all staff play an active role in this.
- **Designated Team** – we have a specific team of people working each day to address concerns raised by staff, pupils, parents and external agencies. This team works to make sure concerns are addressed and the appropriate support is advised
- **Pupil Voice** - we encourage pupils to speak to us or raise their concerns via the 'Report a Concern' button on their iPad

How can we help you?

If you have any concerns about your child or you would like any support, please contact us via cam-safeguarding@cambournevc.org

**Safeguarding is
Everyone's
Responsibility**



Students IT Support

If your child needs a password reset, for example to their email, Show My Homework or any of the platforms we use at the College, or if they have any issues with their iPads, please email cam-support@cambournevc.org.

We will aim to respond to any enquiry within 48 hours.

Communication with the School

How can I contact my child's Year Team?



Please email cam-year7@cambournevc.org | PSA Abby Stirling-Clarke

Please email cam-year8@cambournevc.org | PSA Sam Tomlinson

Please email cam-year9@cambournevc.org | PSA Lorraine Lye

Please email cam-year10@cambournevc.org | PSA Lou Boyd

Please email cam-year11@cambournevc.org | PSA Mel Stanford



We will aim to respond to any enquiry within 48 hours.

There are a variety of ways in which we will contact you, including by telephone, by letter, by email, in our newsletters and via our website. There are several ways in which you can contact us, and these include:



By email to thecollege@cambournevc.org



By calling Reception for all general enquiries on 01954 284 000



By writing to Cambourne Village College, Sheepfold Lane, Cambourne CB23 6FR



Via the 'contact us' page of our school website www.cambournevc.org

We aim to respond to any enquiry within 48 hours.