



WEEKLY BULLETIN | Friday 19th April

The Week Ahead

Weekly Menu

Please [CLICK HERE](#) to see our current Menu

Extra-Curricular Clubs

Please [CLICK HERE](#) to see our current programme

Sports Clubs and Fixtures

Please [CLICK HERE](#) to see our current programme

Vacancies

Please [CLICK HERE](#) to see a list of our current Vacancies

Key Dates

Friday 19th to Monday
22nd April

Trip: Year 10 Art & Photography trip to Berlin

Monday 22nd to Friday
26th April

Year 11 GCSE MFL Speaking exams

Thursday 25th April

Years 7 & 8 Junior Maths Challenge

Friday 26th April

Trip: Visit to Uplands Retirement Home

Tuesday 30th April -
Thursday 2nd May

Year 11 GCSE Photography Exam

Thursday 2nd May

Year 7 Parent Consultation (periods 1-2, & 5-6 taught). All pupils leave at 1:30pm

Thursday 2nd - Friday 3rd
May

Year 11 GCSE Art Exam

ATTENDANCE MATTERS

6 days or less
absence per year
97% or above
VERY GOOD
THIS IS YOUR
TARGET

Between
7 and 19 days
absence per year
90% - 96%
BELOW
EXPECTATIONS

More
than 19 days
absence per year
Under 90%
POOR
ATTENDANCE

Reporting your Child's Absence from School:

If your child is unwell and unable to attend school you have a legal requirement to inform the school **on each day of absence**. If you are reporting your child's absence from school today, please can you email cam-absence@cambournevc.org by **8:30am every day of the absence** and leave a message clearly stating the reason for absence and the child's full name and tutor group. If you fail to inform the school, we are legally required to make contact with you, to ensure the child's safety. Even if they have been absent on the previous day we cannot assume they are still at home poorly.

Appointments:

If your child misses registration for a medical or dental appointment, this is counted as an authorised absence. Please give advance notice, ideally 2 school days, by cam-absence@cambournevc.org with the dates and times the pupil is expected to be out of school and preferably with a copy of the appointment card/notification so that the absence can be authorised. As much as possible, pupils should be in school prior to/ after the appointment and out of school for as little time as possible.

Prior notification ensures the Year team and Reception staff are aware of your child arriving late / leaving early and the necessary arrangements can be put in place. If your child needs to leave early for an appointment, they should inform their teacher that they need to be excused early and make their own way down to Reception. The Reception staff will try to help locate children for appointments, but we do not always have someone available to do a collection from lessons.

Planned Absence Request:

If you plan to take your child out of school for any other reason, a **Planned Absence Request Form** must be completed and returned to the school **10 days prior** to the absence for authorisation. Please email any completed forms to cam-absence@cambournevc.org or hand into our reception. The form can be found on our [website](#), or is available from our reception.

Please note that due to Changes to Section 444 of The Education Act 1996 brought into effect in September 2013, the Principal cannot authorise any term time leave unless there are **exceptional circumstances**.

All pupils leaving early for appointments need to be collected by a parent to sign them out through our main Reception.



**CamVC
presents...**

**Create an A4
picture/collage
inspired by our
theme:**

The Earth We Share

**An art competition hosted
by the school!**

**All entries
MUST include
the pupil's
name, age, year
group, school
year and school**

**Exciting prizes to
be announced soon!
Start drawing NOW
to get a head start!**

**Art MUST
be the
student's
own work**

**Prizes will be given
to the winners of
each age category:**

- KS1 (Reception, Year 1 and Year 2)
- KS2 (Year 3, 4, 5 and 6)
- KS3 (Year 7, 8 and 9)
- KS4 (Year 10 and 11)

**And the BEST
prize awaits the
overall
competition
winner!**

**The deadline:
10th May**

**Send your
artwork to
Cambourne
Village College's
reception
BEFORE this date**

**The winners will be
announced on the
18th of May, during
our Eco-Festival**



PE Department Extra-curricular Clubs: Summer-1 2024

MONDAY 3-4pm

GCSE revision – Gym (KB)

Athletics (LM, HT, GT, JF)

TUESDAY 3-4pm

American Flag Football - Astro (LM)

Rounders (GT, LY)

Badminton (KR)

Dance – Drama Studio (JR)

WEDNESDAY 3-4pm

FIXTURES

BTEC Catch up – IT04 (BTEC staff)

GCSE revision – Classroom, Gym (KB)

Volleyball – Sports Hall (HT)

THURSDAY 3-4pm

Sports Leaders Opportunities – Check the Sports Leaders Board

Cricket – Sports Hall – (JF)

Boys – meet at the back doors to the **orange** changing rooms

Girls – meet at the back doors to the **green** changing rooms

UPDATED

To start from Monday
22nd April



Join us for a series of
free public lectures.
The lectures are open
to all and will be hosted
at Cambourne Village
College in the
Performance Hall



FREE LECTURE PROGRAMME

Join us for our next free History Community Lecture on
Tuesday 7th May (4-5pm)- this event is open to ALL

Professor Robert Gildea

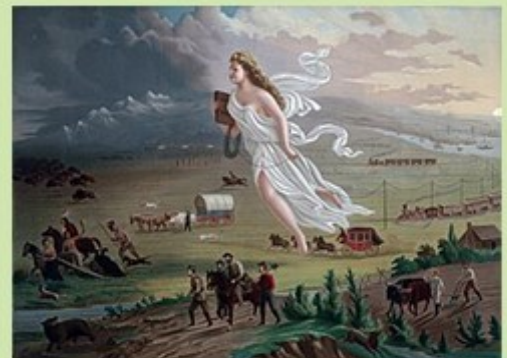
What is History For?

When I was a schoolboy, I kept newts and put snails into the tank to purify the water. Later it occurred to me that historians were like snails in the tank of society, cleaning up misconceptions of the past. Having taught history for forty years, I have returned to the question of what history is for. Partly to bust myths spun by politicians to legitimate their own power and expansionism, partly to explore how history is used to define identities of class, gender and ethnicity. I will ask why societies should work through their own painful pasts and suggest that everyone can be and should be a historian.

Tuesday 7th May

4-5pm (Doors open 3.45pm)

***Cambourne Village College-
Performance Hall***



Follow us on X (Twitter) @CambourneVC and @Historic_All for updates.

For more information contact:
Jess Angell (Head of History at CamVC)
jangell@cambournevc.org



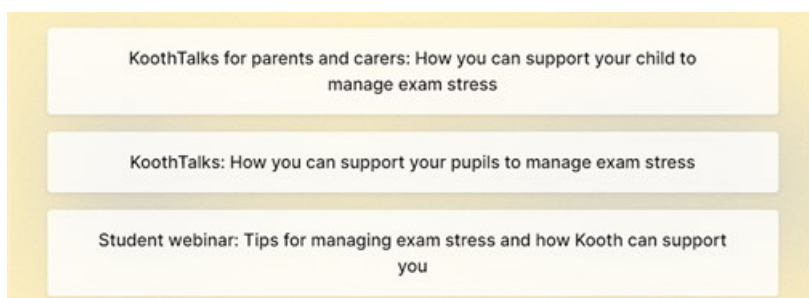
Kooth: Supporting Students with their Mental Health and Wellbeing in Exam Season this Year:



Kooth is a mental health organisation that offers 24/7 online support to young people. It has a number of online workshops available over the coming weeks to help support students in the exam season. There are different sessions aimed at young people, parents, and teachers. The workshop dates can be found in the link below where you can also book your place. If you are unable to attend any of the dates of the Zoom meetings, they will send you a recording, and you can request this on the link too.

[Click Here to Book your Kooth Workshop](#)

The link will lead you to this page:



This is the homepage for the organisation [Home - Kooth](#)



Items that have been handed into reception this week:

15th - 19th April 2024



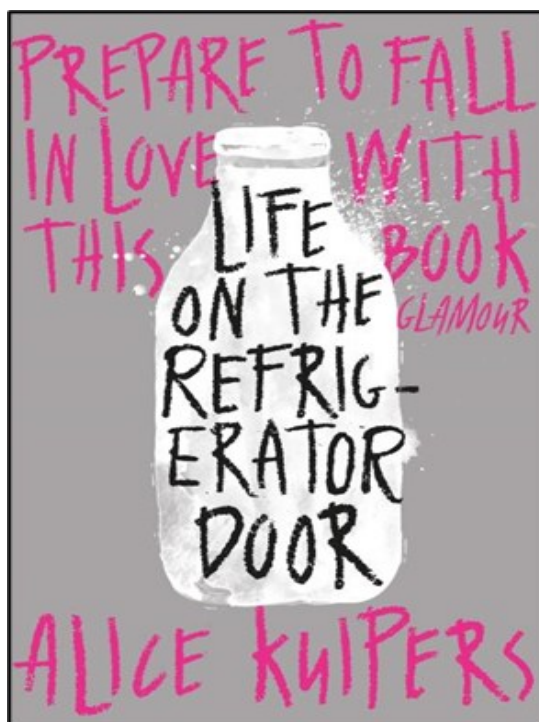


Contact Reception or email thecollege@cambournevc.org if you recognise any items.



Any items not collected within 4 weeks will be donated to charity.

BOOK RECOMMENDATIONS



Life on the refrigerator door: a novel in notes

By Alice Kuipers

Mom, I went to the store. See inside the fridge. I watered the plants. I cleaned out Peter's cage. I tidied the sitting room. And the kitchen. And I did the washing up. I'm going to bed. Your live-in servant, Claire.

Life on the Refrigerator Door is told exclusively through notes exchanged by Claire and her mother, Elizabeth, during the course of a life-altering year. Their story builds to an emotional crescendo when Elizabeth is diagnosed with breast cancer. Stunningly sad but ultimately uplifting, this is a clever, moving, and original portrait of the relationship between a daughter and mother. It is about how we live our lives constantly rushing, and never making time for those we love. It is also an elegy to how much can be said in so few words, if only we made the time to say them.



When Poems fall from the sky

By Zaro Weil and Junli Song (illustrator)

A collection of poems that celebrates the marriage of science and poetry. In this exquisite, fantastical and eye-popping anthology published in association with The Royal Botanic Gardens, Kew, Mother Nature shares dazzling poems, hilarious rhymes, timeless story-poems and heart-warming little plays with us. From rapping fungi and magical seeds to flying wizards and ten quintillion parading bugs, every page bursts with colour, mystery and sheer delight of the natural world. From CLIPPA award winning poet Zaro Weil.

(Available from the School Library)

Additional Reading resources and skills: https://linktr.ee/cambourne_vc

Cambourne Village College Library: <https://cambournevc.concordinfiniti.co.uk/library/portal>

Accelerated Reader: <https://global-zone61.renaissance-go.com/welcomeportal/6698162>



Music Clubs

All our music clubs are up and running – so if your child plays an instrument, or enjoys singing, then please encourage them to come along.

The following clubs will be running this term.

- Monday 3 – 4pm: CamVC Band – All instrumentalists welcome (Years 7 – 11)
- Tuesday 3- 4pm: Junior Singers (Years 7 – 9) – Christmas mini-production *tba*
- Tuesday 3 – 4pm: Rock Bands (Years 9 – 11)
- Thursday 3 – 5pm: School Production (Years 7 – 11)
- Friday 3 – 4pm: Senior Choir (Years 9 – 11)

Pupils are very welcome to come along and try any club they are interested in joining.

Instrumental & Singing Lessons

These will be starting next week, and everyone signed up for lessons will receive an email confirming the day and time of their first lesson.

If your child is interested in doing Instrumental or Singing lessons, there are still many places available. You can sign them up for lessons using the online form, found here:

[Instrument lessons - Cambourne Village College \(cambournevc.org\)](http://cambournevc.org)

Headphones for KS3 Music lessons (all pupils)

As part of the Years 7, 8 and 9 weekly music lessons, they will be continuing to develop their keyboard skills.

To enable pupils to do this with a minimum of distraction we ask all pupils to bring with them to lessons a pair of headphones or earphones that they can use with the keyboards.

We have reminded pupils of this expectation this week in lessons.

These headphones / earphones can be bought for as little £2-£3 from local shops like Morrisons, Home Bargains, or online from places like Amazon. We do not expect (and would strongly discourage) pupils from bringing expensive or bulky headphones with them.

We would expect that it might take pupils between 1 – 2 weeks to source some earphones / headphones, but after that it would be useful if they were ready to use them in lessons. If for any reason it is not possible for your child to bring some earphones to the lesson, please email (or ask them to email) their class teacher. In cases of financial constraints we will be able to provide headphones for pupils to borrow, if arranged in advance.

Dear parents and carers,

The Cambourne Music School (for primary pupils in years 2 – 6) is now offering sessions for Beginner **Guitars** – starting from after Easter. Over the past year, we've had a number of enquiries about pupils wanting to learn guitar, so if your child is interested in learning to play the guitar, then please sign them up to join us on Tuesday evenings (4:15-6pm) from next term.

[Cambourne Music School - Application Form \(office.com\)](http://office.com)

We are still accepting pupils wanting to learn Flute, Clarinet or Saxophone on Mondays, and Keyboard on Wednesdays! Again, you can sign up on the online form.

See the poster below for more information about sessions – and the [info pack](#) for the full details!

Cambourne Primary Music School



Mondays: 4:15 - 6pm

Flute, Clarinet, Saxophone lessons - £12

Or join the band (all instruments welcome) - £10

Tuesdays: 4:15 - 6pm

Guitar lessons - £10

New...

Wednesdays: 4:15 - 6pm

Keyboard lessons - £10

Find out more online...

Sign-up at any point
in the year...



If your child has **lost an item of uniform**, please ask them to check with their **Year team office** in the first instance, or please **email thecollege@cambournevc.org** so that we can arrange for your child to check our unnamed items.

If your child needs a coat/jacket and would like to look through our unnamed items to find something suitable for them, please ask them to go to their Year team office or email the College.



Lost property



We have a number of good quality second hand uniforms available for purchase at a discounted rate. Please complete the form: [Second-Hand Uniform Request](#) and enter details of uniform items needed.

Our Reception is open every weeknight evening in term time between 6pm and 8pm so there is an opportunity to organise a visit to the school to 'see before you buy' at hours to suit you. Please email our evening receptionist **Nikki Johnston** to organise a time slot:

NJohnston@cambournevc.org

Families who find it difficult to afford school uniform at any time should contact their Year team (details below), in complete confidence, so that a way forward can be found.

Year 7 - Abby Sterling-Clarke cam-year7@cambournevc.org

Year 8 - Sam Tomlinson cam-year8@cambournevc.org

Year 9 - Lorraine Lye cam-year9@cambournevc.org

Year 10 - Lou Boyd cam-year10@cambournevc.org

Year 11 - Mel Stanford cam-year11@cambournevc.org

Our up-to-date uniform policy and suppliers can be found on the [school website](#).



Driving Dreams

Exploring Inclusive Careers in the Motor Industry for Young People with SEND



This free webinar, organised with the Institute of the Motor Industry (IMI), is designed specifically for **students with special educational needs and disabilities (SEND) to explore inclusive career options within the motor sector**. The event aims to highlight the diverse and inclusive opportunities available, emphasising the importance of accessibility and support for individuals with SEND.

During the webinar, participants will have the opportunity to hear from a panel of industry professionals who are neurodiverse and have forged successful careers in the motor industry. They will also learn about support networks, training programs, and inclusive practices tailored to accommodate individuals with differing needs.

Event Details:

- When? Wednesday, 24th April 2024
- What time? 13:30 PM (GMT)
- Where? Online
- How much? Tickets for this event are completely free (registration required)

Parents and students with SEND and an interest in the motor industry are encouraged to attend.

Please register now for this free webinar at:

Register Now

Please note that this event is being organised externally to Cambourne Village College, please contact the organisation directly for more information.

Remember, for more information about SEND at Cambourne, please visit our website:
<https://www.cambournevc.org/about-us/send>

For the attention of Parents with SEND

Preparing for Adulthood SEND Festival: My Life: My Future: Friday 3rd May 2024: Time 10am -2pm: Venue Burgess Hall: One Leisure, Westwood Rd, St Ives, St. Ives PE27 6WU (booking and info on the flyer below)

Online sessions and smaller sessions are also being held two weeks before the main event starting from the 22nd of April to the 2nd of May 2024.

Festival Format: This a free information and activity event offering support and advice and fun activities for young people (14-25 years) with special educational needs and disabilities (SEND) and their families as the young people begin to think about their future. We also have online sessions; face-to-face activities; stall holders and fun activities to support friendships, wellbeing, and community activities, such as: bowling; silent disco; Ping pong tables; indoor picnic!! (ALL FREE!).

This festival has been designed by young people themselves and have spoken to many, many young people, and they have said that they want more information on friendships, mental health/wellbeing; Jobs, building independence. We have designed the festival with the voice of the young person central to the core themes of preparing for adulthood. We also know that exams coming-up, this is a great opportunity for young people to have a good day and to support with wellbeing with the lead-up to what can be a stressful period for young people.

1. Main Event- 3rd May-Burgess Hall- 10-2pm

On the 3rd May, we will be having Information stands; interactive activities; fun activities; information sessions for young people and parent carers. The event is from 10am-2pm. This enables young people to visit in school/college groups. The range of stallholders and activities, include:

- Employers, who will be joining us to find out more about being a Disability Confident Employer as well as talking to young people about career opportunities in their industry, groups .
- Further education colleges providing information and guidance on courses, as well as any helpful information to support with becoming college-ready.
- Friendship and community groups: stall holders and activities to support young people with friendships; mental health, wellbeing
- Building independence: Housing options; helpful apps and equipment available to young people
- Adult services: Young people with high level of needs will have representatives from health and social care.
- Information and guidance from: Job Centre; Job Coaches; Career advisers; SENDIASS
- Fun Activities: bowling alley at Burgess Hall, and shall be having fun activities throughout the day, including a Silent Disco; PinPong and an indoor Picnic!!!!

2. Online and smaller activity session

We have a series of smaller activities and online session leading up to the main event. This starts on the 22nd April and will include information sessions for young people and parent carers on topics such as Developing skills and What is a Job Coach; Benefits information session; wellbeing talks and discussion.

You can also contact Martine.simpson-thomas@cambridgeshire.gov.uk for more questions and booking information.

Preparing for Adulthood SEND Festival

My Life: My Future



From 22nd April

2024

May
03

**PfA Full-day event at
The Burgess Hall, St Ives**

⌵ From 10am to 2pm

- Free event for SEND young people and their families as the young people begin to think about their future.
- Offering support, advice and fun activities such as *silent disco*, *ping pong*, *bowling and indoor picnic*.

Don't miss out!

April
Monday 22 **PfA Online and smaller
activity sessions**

- Sessions leading up to the main event.
- Information sessions for young people and parent carers on topics such as job coach advice and guidance; benefits information session; mental health and wellbeing talks and discussions etc.

**For more
information and
to register:
Scan QR Code**



 **Cambridgeshire
County Council**

Preparing for
Adulthood



Could you spot the signs that a young person in your life may be the victim of drug exploitation?

Parent & Community Session County Lines in Cambridgeshire

Hosted by

Ivison Trust,
a parent with lived experience,
a local safeguarding officer.

**In person - Cambourne Soul
18+ event**

**8th May
6:30-7.30pm**

**Cambourne Soul
Youth Building
Back Lane
CB23 6FZ**



**“I feel so much
more confident to
talk to my child”**

Register today

www.ivisontrust.org.uk/webinars

**or for more information, email
communitysafety@scambs.gov.uk**



Positively parent your teen. 3-week online workshop.

Facilitated by
Samantha Stacey and
Clare Merrington
Education Inclusion Family Advisors

Looking at the following information.

Improve your communication style and the benefits of using a positive parenting style.

How do we identify what our children need?

How to reduce challenging behaviour and conflict

Building self-esteem in our Teen.

Please follow link below. Booking is essential and places are limited.



<https://forms.office.com/e/b0B5MLVbgD>

Tuesday 11th June 2023 7-8pm

Tuesday 18th June 2023 7-8pm

Tuesday 25th June 2023 7-8pm

For more information contact me directly on:

 samantha.stacey@cambridgeshire.gov.uk

Top Tips for Parents

Some Conflict is normal.

Give clear guidelines.

Respect their views.

Let your teenager know that you are interested in what they do at home and at School.

Spend time together.

Make time for talking and listening.

Give them space.

Encourage them.

Share your life experiences.

Look after yourself.

Positively parent your teen virtual workshop.

Looking at the following information.

Improve your communication style and the benefits of using a positive parenting style.

How do we identify what our children need?

How to reduce challenging behaviour and conflict

Building self-esteem in our Teen



<https://forms.office.com/e/b0B5MLVbgD>

Tuesday 11th June 2023 7-8pm

Tuesday 18th June 2023 7-8pm

Tuesday 25th June 2023 7-8pm

Activity Idea

Spending time Together.

Sometimes, it's easy to get so caught up with work, School and other activities, that there's little time to spend together as a family. Many teens also aren't interested in spending too much time together as a family. It's developmentally normal for them to want to be surrounded by their friends. However it is important to spend quality time with your teen despite the obstacles that make it challenging. Studies show teens who spend more time with their parents have better social skills and higher self-esteem.

Giving your teen regular doses of positive attention will also help you maintain a healthy relationship, which can reduce behaviour challenges and set your child up for success later in life.

Another Resource

NESSiE is an organisation that positively support parents of children with self-harming behaviours and other emotional and mental health needs.

[Cambridgeshire and Peterborough parents - NESSiE](#)
[IN ED, CIC](#)

Does your child have, or potentially have, an additional need or disability? Pinpoint (www.pinpoint-cambs.org.uk) have lots of information, advice and tips. For Cambridgeshire's Local Offer go to www.cambridgeshire.gov.uk/residents/children-and-families/local-offer



**Cambridgeshire
County Council**



samantha.stacey@cambridgeshire.gov.uk

Contact me directly on



April 2024
Newsletter
2nd Edition



The CPD Standards Office
CPD PROVIDER: 22646
2024-2025
www.cpdstandards.com

CPD training for anyone who works with children or teenagers.

National Standards CPD accredited sessions

All sessions booked & delivered online via facefamilyadvice.co.uk

Tuesday
16 April

19:00 - 21:00

£24



Introduction to OCD
ObsessiveCompulsive Disorder

Looking at the complexity of this serious condition.

Thursday
18 April

19:00 - 21:00

£24



Understanding Addictive Behaviour

Screens, gaming, social media. What is happening to the brain and body and how can we control it.

Monday
22 April

19:00 - 21:00

£24



Improving Family Communication

How to reduce the shouting and start the talking.

Thursday
25 April

19:00 - 21:00

£24



Supporting a Child with ADHD

Challenging the stereo types and explaining how this condition impacts on the child and giving ideas on how we can support them.

facefamilyadvice.co.uk.

info@facefamilyadvice.co.uk

Mental Health Text Line

A new local mental health free text messaging support service has launched across Cambridgeshire and Peterborough. **HEAR 85258** is being funded by NHS Cambridgeshire & Peterborough, in partnership with the national service SHOUT.

The free to use text service provides real-time support to people who are struggling with their mental health across the county.

When texting the word HEAR to 85258, the person will be connected to a trained volunteer who will offer them calm in a time or place of crisis. During the confidential and anonymous conversation, the texter will be supported while working on a plan of action and signposted to local and national mental health services.

Texting HEAR to 85258 is free, discreet and runs 24/7. It won't appear on a mobile bill and requires no app, data, password, or registration. It is available for anyone who lives, works or studies in Cambridgeshire and Peterborough.

For more information about what mental health services are available in Cambridgeshire and Peterborough, visit www.keep-your-head.com

If you feel your or somebody's life is at risk due to their mental health, dial 111 and listen for the option for the mental health crisis team.



Safeguarding

At Cambourne Village College we work hard to make sure that we build up positive relationships with the pupils in our care and we hope that we can support families in safeguarding your children.

What is safeguarding?

- Protecting children
- Preventing harm to a child

This includes a variety of different aspects. We are here to help your child make good choices but also support them if they make a mistake.

We work with individual students, their families and external agencies.

What do we do at CamVC to safeguard your child?

- **Staff are vigilant** – staff are very good at noticing small changes and listening to the concerns of those in our care. Tutors are well placed in this process, however all staff play an active role in this.
- **Designated Team** – we have a specific team of people working each day to address concerns raised by staff, pupils, parents and external agencies. This team works to make sure concerns are addressed and the appropriate support is advised
- **Pupil Voice** - we encourage pupils to speak to us or raise their concerns via the 'Report a Concern' button on their iPad

How can we help you?

If you have any concerns about your child or you would like any support, please contact us via cam-safeguarding@cambournevc.org



Online Safety Tips

KEEPING YOUR CHILD SAFE ONLINE

Please see below some links to helpful ideas and materials around keeping children safe online:

<https://www.net-aware.org.uk/>

<https://www.thinkuknow.co.uk/>

<https://oursaferschools.co.uk/home-learning-hub/>



COMBINED MINDS APP

Combined Minds is an app for parents and carers developed for teenage mental health charity Stem4 by Clinical Psychologists. The app aims to help families and friends support young people with their mental health.

Combined Minds use a 'strength based approach' which focuses on the positive attributes of the person and builds on resourcefulness and resilience. The app helps families to find ways to provide the right environment to help individuals they support affect their own change.

The app includes providing further information on certain needs such as anxiety and digital addiction as well as offering ways of accessing further help and useful suggestions of 'things you can do in the moment' to help support the young person.

More information can be found through the Combined Minds website at <https://combinedminds.co.uk/>



TEAMS | ONENOTE

Microsoft Teams, Teams assignments, and OneNote are becoming increasingly more central to the way we are providing and receiving work. Below are some resources to help you support your children with these services.

Click here for a guide to handing in Teams Assignments:

https://catrustorg.sharepoint.com/:b:/s/CambourneVCPublic/EckeB-WkJX1NoaAciPBjAScBG_cU4zuSmd0A0WEUDyO-Fw?e=OqjANx

[Click here](#) for a YouTube playlist with short tutorial videos

(if you prefer, your child can access the same videos through their school account [here](#))





Students IT Support

If your child needs a password reset, for example to their email, Show My Homework or any of the platforms we use at the College, or if they have any issues with their iPads, please email cam-support@cambournevc.org.

We will aim to respond to any enquiry within 48 hours.

Communication with the School

How can I contact my child's Year Team?



Please email cam-year7@cambournevc.org | PSA Abby Stirling-Clarke

Please email cam-year8@cambournevc.org | PSA Sam Tomlinson

Please email cam-year9@cambournevc.org | PSA Lorraine Lye

Please email cam-year10@cambournevc.org | PSA Lou Boyd

Please email cam-year11@cambournevc.org | PSA Mel Stanford



We will aim to respond to any enquiry within 48 hours.

There are a variety of ways in which we will contact you, including by telephone, by letter, by email, in our newsletters and via our website. There are several ways in which you can contact us, and these include:



By email to thecollege@cambournevc.org



By calling Reception for all general enquiries on 01954 284 000



By writing to Cambourne Village College, Sheepfold Lane, Cambourne CB23 6FR



Via the 'contact us' page of our school website www.cambournevc.org

We aim to respond to any enquiry within 48 hours.