



Student Bulletin – June issue

28.06.24

Key upcoming dates

- ▶ Wednesday 3rd July: Sixth Form taster day for external students
- ▶ Thursday 4th & Friday 5th July: New intake days (current Year 6 students)
- ▶ Friday 5th July: Cultural celebration day – non-uniform day + garden party 4-6pm
- ▶ Tuesday 9th & Wednesday 10th July: School production “Going for Gold!” – 7:30pm start, £6 / £4 (concessions)
- ▶ Wednesday 10th July: Year 9 Sports Day, Year 10 Core RE day
- ▶ Thursday 11th July: Year 8 Sports Day, Summer Arts Concert 7-9pm
- ▶ Friday 12th July: Year 7 Sports Day, last day of school for Year 10
- ▶ w/b Monday 15th July: Activities week, Year 10 work experience
- ▶ Friday 19th July: Last day of term, school ends ~1:30pm

- ▶ Wednesday 4th September: Year 7 and Year 12 students in school only
- ▶ Thursday 5th September: All students back to school



Don't forget the Cultural Garden Party! Come to school in clothes that represent who you are 😊

The Goldsmiths' Awards!!

- ▶ 6 pupils travelled to London as part of the finals for the **Goldsmiths' Awards**, which started 6 months ago.
- ▶ 102 schools competed, and the finals were for just the top 8 schools – the other 7 schools in the finals were all private schools, too!
- ▶ The premise was 'how much has our school done for our community' and **Cambourne Village College WON!!!!!!**
- ▶ Huge congratulations to all the pupils and their hard work, as well as of course Ms Federle and Mrs Teo.





MY ENVIRONMENT: PERSONAL STORY

- I grew up in a very nuclear family and a very “standard “ society. Nobody was different, it was either single female or male or female and male raising a child. And I only discovered the different types of family when I was 10. Not that long ago. I only found out about them through the internet, and never in school. Only in some PSHE we started talking about different family types and different parts of the LGBTQ. And thats... a little late isn't it? The time when everyone judges and rethinks their life choices to put it simply. Maybe earlier is better?

We Are All Made of Molecules Club discuss their experiences...

STUDENTS SEXUALITIES – QUESTIONING FROM OTHER STUDENTS

Issues regarding the discussing of students sexualities between other and using these terms as insults has been quite a common problem amongst a few of us.

To help with this, it may be important to acknowledge the importance of not discussing student's sexualities behind their backs if not needed, as the person discussed may feel uncomfortable that this is happening.

- What can be worked on?
- Issues regarding insults – a way to lessen? Most likely impossible to remove fully, but perhaps an attempt at reducing insults would make a massive change to make students feel more comfortable within their identity
- Reminding students that some people can allow their sexuality to define them but also some people do not have to define their sexuality- it is not binary and it can change!

HOW DO YOU DEAL WITH QUESTIONING STUDENT'S SEXUALITY AND PRI'S?

- As a student of Cambourne who is queer I have dealt with many questioning students, the reason I'm talking to you about this is because the number of students at this school who want to know what sexuality someone is. There are some problems to this,
- It's an invasion of privacy : maybe not everyone would want there sexuality to be told or want someone but their close friends to know
- Or maybe their just curious, we don't know but some of these students use the word "gay" as an insult and that is a pri (prejudice related incident).
- How do you deal with pri's at school?
- Treat the issue seriously – remember that someone's perception is their reality at the time and incidents should not be dismissed and ignored. Respond immediately - acknowledge that the incident has happened, express disapproval at the prejudice-related behaviour and offer support to the target of the incident.

MISGENDERING PROBLEMS

Transgender, non-binary and students of other identities may experience problem regarding being misgendered either accidentally or intentionally which can develop into a big problem

Haircuts and appearance are most commonly reasons for why misgendering happens (unless intentional) however by mistake is completely understandable.

To help with this, a good idea may be to introduce badges and wristbands with pronouns on them.

- What can be worked on?
- Badges / wristbands with pronouns
- Names on registers – students may prefer to be acknowledged by a different name they feel more comfortable with themselves and their identity, and adding a note on registers (for subs?) may help.

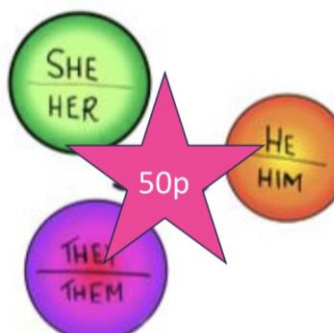
How should we deal with this, when this happens

A quick apology and moving on would take away from the awkwardness and uncomfortably of the situation.

Fixating on it could provide further stress

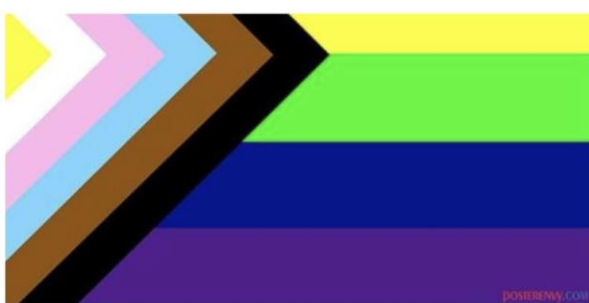
Problems faced, and how to deal with them...

Purchase pronoun badges




In celebration of PRIDE, purchase pronoun badges to celebrate who you are.

All donations will go to the Mermaid Foundation; a charity which supports transgender, non-binary and gender diverse children.

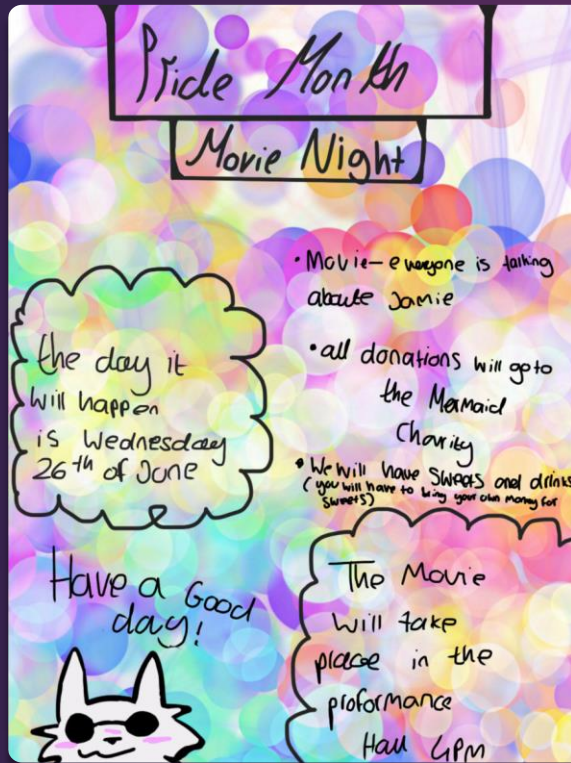


Brought to you by the We Are All Made Of Molecules Group.



Can be purchased from Ms Jusu in the Green science staff room or Mr Fernandez in the Orange staff room

Pronoun
badges can
now be
purchased...



Wednesday 26th June
4 pm Performance hall
Everybody's talking about Jamie

AMAZON ORIGINAL



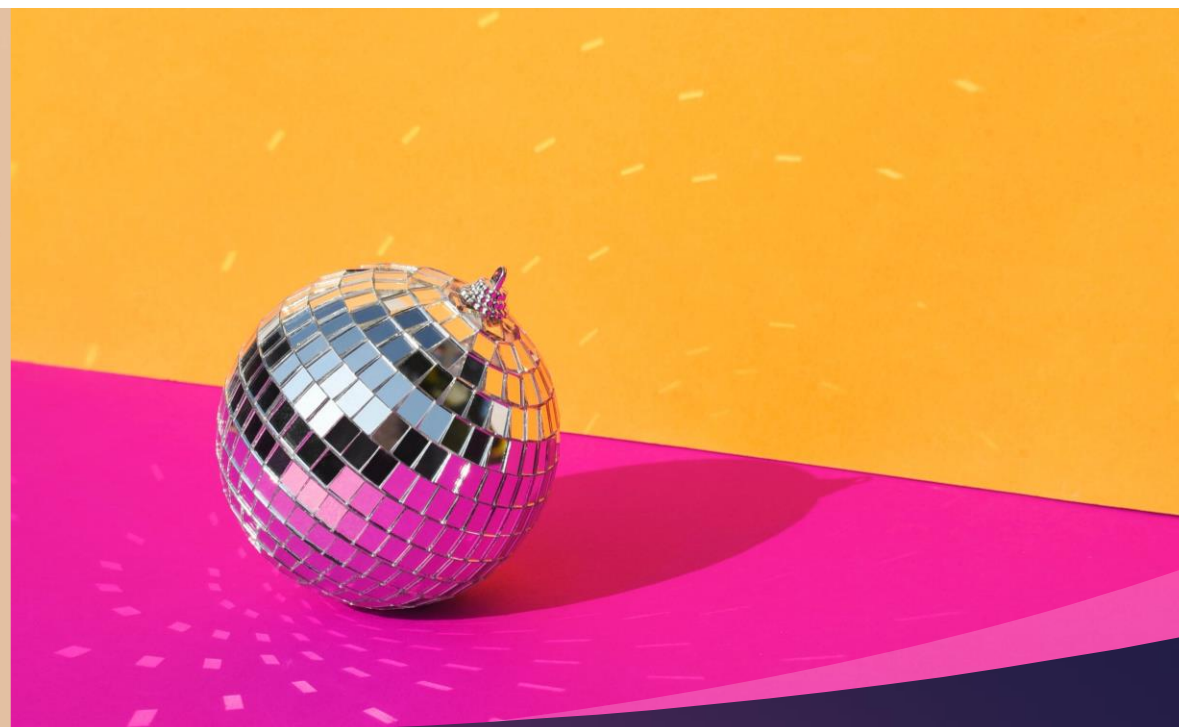
EVERYBODY'S TALKING ABOUT
JAMIE

Snacks will be available from 50p
All donations go to the Mermaid
charity

Pride
movie
night was
a success!

Drama Club!

- ▶ When is it?
 - Every Wednesday (during the summer term) from 3pm - 4pm
- ▶ Where is it?
 - In the Drama Studio
- ▶ What happens there?
 - We play games and work on small performances for things like the summer arts concert and local primary schools
- ▶ This is a great opportunity to meet new people, have fun and take part in some exciting drama!



Year 10 – Prom Committee and ideas

- ▶ The prom committee have met recently to plan how we want our prom to be, and how we'd get the funds to make it perfect for our year. So far, we have sold ice creams in the dining halls to raise money, but this has come to an end :(
- ▶ If you have any ideas for good fundraisers, or prom themes, we'd happily take suggestions!
- ▶ Here's the quick form :
https://forms.office.com/Pages/ResponsePage.aspx?id=1u3qfje_FUCP6Rn7wsAtVYseLyb5KLZBtYIMA43JdmpUQlZPSlczODczWUNGUzNQVUFINDQ4VzBXTS4u

STUDY SKILLS FOR YEAR 10

Exams are coming up so we thought it would be useful to share some study skills you could use to revise:

1. Manage your time

Make a study schedule, prioritise weaker subjects and drop any activities that you do not need to participate in and that take you away from revision.

2. Get enough sleep.

Getting enough sleep is essential if you want to focus when studying, and if you want to be able to concentrate during your exams.

3. Take smart notes.

You do not have to write down everything from your lessons (summarise things, rewrite the most important points, etc.).

4. Create mind maps.

Mind maps are among some of the very best ways to revise. Start with a concept and write it in large letters in the centre of the page. Draw curved lines branching from the central concept and write a related idea on each line. Add branches to each of these related ideas with further ideas. Use colour and pictures in your mind map to make it vivid and memorable.

5. Lecture yourself.

After taking notes, repeat aloud what you have just studied as if you are delivering a lecture on the topic. Explain the concept in your own words. Don't worry if you get stuck or forget things. Part of the exercise is to help you identify areas you don't really understand so you can review those points. Studies show you are more likely to remember things when you engage more than one of your senses. By lecturing yourself, you include hearing as well as seeing. Using your own voice and your own words helps make the information more meaningful to you.

6. Teach others.

You know that you really understand a subject when you can teach it to someone else. Find a friend or relative who is willing (or not) to listen to you talk about the subject you have been studying. Encourage them to ask questions since that will help you determine how well you know the topic. You may also choose a study partner who wants to learn about the same topic. You can then discuss the subject and reinforce or correct one another's understanding.

7. Make a mnemonic device.

A mnemonic device is a learning technique in which you pair a piece of information with a catchy phrase or tune to memorise it more easily. This technique can help you transfer information from your short-term memory to your long-term memory. There are a variety of types of mnemonic devices, including: songs, rhyming, alliteration, spelling, visual and organisation.

8. Test yourself.

Testing yourself helps to exercise your memory so you not only retain the information but can also retrieve it quickly. Here are some self-testing techniques to try:

- **Look for textbook questions:** Your textbook might have study questions for each chapter. If so, answer them as part of your study time.
- **Make flashcards:** You can make flashcards to test your knowledge of key phrases or concepts.
- **Make an online quiz:** There are a variety of online quiz options that you may use to test yourself. You can find a quiz that focuses on the topic you're studying, or create a new quiz for yourself.

Mock Exam Stress?

Well-being

It is important to exercise to maintain good mental health, and it also has benefits with focus and concentration - which helps with your schoolwork. Whether this is going to the gym, doing cardio, playing football, being part of a sports club, dancing or any form of physical activity , doing it regularly is very beneficial for your mental well-being.



Being outside is an effective coping strategy, the oxygen is proved to help your mental health



MENTAL HEALTH

Socialising can help with your mental health as your friends can bring positivity to your life. But it is also important to spend time alone if that is what makes you feel better.

- ▶ Featuring contributions from:
- ▶ Abbie E, Year 10
- ▶ Syeda RH, Year 9

